



Lyndon Area Business Association

Moving toward the future

E-News

Issue #25 October 2009

Westport Village & Lyndon Fire Department to Host Phyllis Knight



5K Run/Walk and Health & Safety Festival



LABA members, Westport Village & the Lyndon Fire Department partner for a great community event! Westport Village will host the Phyllis Knight 5K Run/Walk followed by the Lyndon Fire Health & Safety Festival on Saturday, October 17th.

The race begins at 9:30am at Westport Village, located at Westport Road & Herr Lane. The race & walk will include a scenic course through local residential streets including Lyndon. The race will also end at Westport Village.



The race is in honor of Phyllis Knight who was the first full time executive director of the Crusade for Children in 1976. Phyllis was very well known in the Louisville community and was a pioneer in female broadcasting. She passed away in October of 2008. "Phyllis was a wonderful person and a dear friend of mine, I'm glad she is being honored during this community event", stated Cathy Robertson, executive director of LABA.

The race will be followed by the Lyndon Fire Health & Safety Festival throughout Westport Village. Here are just some of the activities for the day: * Health Screenings * Flu Shots *Door Prizes *Live Music *Farmers' Market *Face Painting *Inflatables *Climbing Wall *LMPD Canine Unit Demo *Fire Safety Trailer *Children's Activities & more!

"Westport Village is the perfect place to host this important community event" said Suzanne Tiano, marketing director for Westport Village. She added, "We look forward to showing off our Lyndon neighborhood to all the participants." Lyndon Fire Chief Russ Rakestraw is also proud that his organization was recognized as a 2009 Sloan Award recipient. "Twenty-one area employers were selected for their Business Excellence in Workplace Flexibility".

The Phyllis Knight 5K Run/Walk is produced by the Lyndon Fire District with proceeds to benefit the WHAS Crusade for Children. Awards will be given for the team with the largest number of participants, and category winners for both male & female participants. All runners & walkers are welcome. Due to safety issues skates, roller blades, bicycles, & pets will not be allowed. Running strollers & wheelchairs designed for racing will be allowed on the course.

For additional information contact Suzanne Tiano at 581-8800

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Louisville, KY 40222

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Welcome New Members!

- **Boom Bozz**
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- **Computers Plus**
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- **First Choice Protection**
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- **Rainey, Jones & Shaw**
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**LABA 20TH ANNIVERSARY CELEBRATION... OCTOBER 8TH 5-8PM LYNDON ELKS LODGE
904 ORMSBY AVENUE—GREAT FUN & PORTION OF THE PROCEEDS FOR KOSAIR CHARITIES! RSVP 339-9115**



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LABA Calendar of Events.... RSVP 339-9115

10/14/09 11:30 AM	LUNCHEON MEETING. Lyndon City Hall, 515 Wood Road. Speakers: <u>Baptistworx-H1N1 vs. Seasonal Flu & CASA Rep-Lancaster Gordon.</u> Networking at 11:30am. Lunch & Meeting 12-1 PM. Cost \$12 (\$10 for Members) RSVP Required.
10/29/09 5-7 PM	BUSINESS CONNECTION. Oxmoor Toyota, 8107 Shelbyville Road. No cost to attend. Great networking opportunities. Complimentary refreshments. Guests are welcome. See you there!



Central Bank Showing You The Way

Thank you to our September **Business Connection** Hostess Casey Steitz with Central Bank, 9300 Shelbyville Road, Louisville, KY 40222. 456-3803. *If you would like to host a Business Connection, please contact the LABA Office at 339-9115.*

September LABA Breakfast Meeting—Lyndon City



Golden Living-Camelot presented Mayor Abramson a check for \$1500 for the Library Recovery Fund.

LABA Member Goes To Washington!



Local attorney, Cliff Ashburner took part in the 2009 U.S. Green Building Council (USGBC) Congressional Advocacy Day in Washington, D.C. National USGBC staff provided training & substance on pending proposals before the House & Senate. For more information on USGBC go to www.usgbkentucky.com

Cliff Ashburner (right), LABA Member & Attorney with Bardenweper, Talbot & Roberts in Lyndon.



Masonic Lodge 960— Picnic in the Park!

Saturday, October 11th
Robsion Park-LaGrange Road 2:00 P.M.
Free Food & Drinks Bring your family for a fun day!

LABA Blood Drive—November 2nd 3:00-7:00PM
Lyndon Fire & Rescue, 8126 New LaGrange Road



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Suburban Christian Church Farmer's Market

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